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### Read Colossians 3:12

What does it mean to clothe yourself in kindness?  
How does kindness relate to the other attributes in this list?

### CHALLENGE

Choose an item of clothing you wear every day. As you put it on, say this verse out loud and ask God to help you to be 'clothed in kindness' today.

10

### Read Ephesians 2: 6-10

What part of this passage do you like most?  
How is God's grace expressed in his kindness to us in Jesus?

### CHALLENGE

Choose one of the verses about kindness to learn off by heart.

You could use this resource alongside the creative activities in this edition of the **Faith at home** mini-mag from GodVenture.

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# Explore kindness in the Bible

## An intergenerational resource

This resource works well with the activities in the *Mephibosheth* edition of *Faith at home*



1

### Read Genesis 24

In what way is God's kindness shown in this story?  
What questions do you have about this story?

### CHALLENGE

Make a list of stories which show God's kindness.

2

### Read Genesis 39:20-22

In what way is God's kindness shown in this story?  
Would you have seen this as kindness?

### CHALLENGE

Share a story when you saw God's kindness in a very difficult situation.

3

### Read Ruth 1–3

Can you spot kindness in each chapter? Would you have described each situation as kindness?

#### CHALLENGE

Chat about people who have been kind to you. What is the kindest thing anyone as has ever done for you?

4

### Read Job 6:14

Why might someone “withhold kindness from a friend”?  
What might it mean to “stop showing respect for the Mighty One”?

#### CHALLENGE

Find someone to be kind to who you have ‘withheld’ kindness from in the past.

5

### Read Isaiah 63:7

What kindnesses do you think Isaiah had in mind?  
How is God’s kindness different from his goodness?

#### CHALLENGE

Make a plan and practise talking “about the kind things the Lord has done.”

6

### Read Jeremiah 9:24

In what way are God’s kindness, justice and righteousness linked?  
What three attributes would you use to describe God?

#### CHALLENGE

Kindness is like a muscle which needs exercising. Plan a way to train your kindness muscle.

7

### Read Jeremiah 31:3

How might God have shown his people unfailing kindness?  
How have you seen God’s unfailing kindness?

#### CHALLENGE

Plan to share a story about your experience of God’s everlasting love and unfailing kindness with someone this week.

8

### Read Galatians 5:22–23

What is your favourite fruit of the spirit?  
Why do you think kindness is included in this list?

#### CHALLENGE

Ask God to show you a way you can increase your kindness.